



## MANAGER ORIENTATION

# Getting the Most from Our Employee Assistance Program (EAP)

### Did you know?

**CCA**, our Employee Assistance Program (EAP), supports leaders and managers everyday with issues that affect the organization, your work teams, as well as your personal lives.

Whether you're managing performance challenges, employee wellbeing, organizational change, or a family matter, CCA can support you in developing strategies for success.

### Join us to find out more:

- How can the CUNY EAP program help me?
- Who can use the CUNY EAP program?
- Is it confidential?
- When can I call or how do I get in touch?
- How can the CUNY EAP support me as a people leader?

### Mark your calendar:

- Wednesday, January 28<sup>th</sup> at 12pm ET
- Zoom Link:  
<https://us02web.zoom.us/j/82322855127?pwd=oDJ54ClElbpNxm0pj35e54JHGu9Xbe.1>
- Presented by Marjorie Mangot, CCA Account Executive



Access Line: 800-833-8707

BeWell by CCA: <https://ccaplatform.com/go/cuny>

